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**PRESENTS:**

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**BEHAVIORAL HEALTH SERVICES FOR  
AMERICAN INDIANS AND ALASKA NATIVES**

**Author: SAMHSA**

**8 Homestudy CE Credits**

**Held online at [www.webinarceclasses.com](http://www.webinarceclasses.com)**

**Price: \$8 DOLLARS**

**Audience:** Psychologists, Clinical Social Workers, Psychiatrists, Psychiatric Nurses, Counselors, and Marriage and Family Therapists.

**Instructional Level:** Introductory (meant for entry-level professionals and beyond)

**Course Goals and Educational Objectives:**

The attendees will be able to learn about:

1. The American Indian and Alaska Native Population and Their Behavioral Health Needs including knowledge about
  - A. Large Epidemiological Studies on the Prevalence of Mental and Substance Use Disorders
  - B. Epidemiological Data on Mental Disorders from Other Studies
  - C. Epidemiological Data on Addictive Disorders from Other Studies
  - D. Substance Use and Misuse Patterns for American Indians and Alaska Natives
  - E. Epidemiological Data on CODs
  - F. Risk and Protective Factors for Mental and Substance Use Differences in the Behavioral Health of American Indian and Alaska Native Subpopulations

2. The Behavioral Health Services for American Indians and Alaska Natives including issues involving
  - A. Motivation for Treatment and Access to Care
  - B. Retention and Outcomes Screening and Assessment
  - C. Mental Health Promotion and Substance Misuse/Use Disorder
  - D. Adapting Standard Mental and Substance Use Disorder Treatment Modalities
  - E. Using Traditional Practices in Mental and Substance Use Disorder Treatment Mutual Help
  - F. Relapse Prevention and Recovery Promotion
3. Systems Issues when it comes to delivering services to American Indians and Alaska Natives including
  - A. Program Management and Sovereignty Issues
  - B. Community Involvement
  - C. Telephone- and Computer-Based Services
  - D. Vocational Training

**Course Description:** This course offers an in-depth review of issues involving behavioral health needs of the American Indian and Alaska Native Populations. It reviews important large scale substance abuse and mental health epidemiological studies conducted on these populations. It further summarizing issues surrounding the use of behavioral services by American Indian and Alaska Native Populations. Lastly, it addresses system-level challenges involved in the delivery of mental health services to these populations.

**Instructor:** *Dr. Carvajal's first Ph.D. is in Social and Personality Psychology from the University of Amherst. Dr. Carvajal's second Ph.D. is in Clinical Psychology from Virginia Polytechnic Institute and State University. He has worked in numerous settings for the past 10 years including forensic settings. Additionally, Dr. Carvajal has had a group practice for the past 7 years. Dr. Carvajal's background has led him to practice via the integration of well-researched, evidence-based approaches in combination with wisdom obtained from years of Dr. Carvajal also reviews articles in the Journal of Individual Differences and the Journal of Clinical Psychology with a focus on research methods, statistics, and cultural analysis.*

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